**SWKKF – Black Belt Grading Written Test**

|  |  |
| --- | --- |
| **Date:**  |  |
| **First Name:**  |  | **Last Name:**  |  |
| **Grading Date:** |  | **Grading Location:** |  |

**Part I: Basic Terminology**

Write the Japanese words for the numbers 1 through 10.

|  |  |  |  |
| --- | --- | --- | --- |
| 1 |  | 6 |  |
| 2 |  | 7 |  |
| 3 |  | 8 |  |
| 4 |  | 9 |  |
| 5 |  | 10 |  |

|  |  |  |
| --- | --- | --- |
| **Write the English translation of the following Japanese Terms:** |  | **Write the Japanese translation for the following English terms:** |
| Zenkutsu dachi |  | Strike |  |
| Tsuki |  | Kick |  |
| Ashi barai |  | Round-house kick |  |
| Empei |  | Body twisting or shifting |  |
| Mae geri |  | Turn |  |
| Uke |  | Back stance |  |
| Yame |  | Cat stance |  |
| Yoko |  | Back hand |  |
| Dojo |  | Palm heel strike |  |
| Sensei |  | Hammer fist |  |

**Part II: Who’s Who?**

1. Who’s the founder of Wado Kai Karate and what rank did he hold?
2. Who was the above person’s 1st karate instructor?
3. Who is responsible for bringing Wado Kai Karate to Canada and what rank did he hold?
4. Who is the current president of the Shintani Wado Kai Karate Federation and what rank does he hold?
5. Who is the chief instructor of the Shintani Wado Kai Karate Federation and what rank does he hold?
6. We have 9 Senate members in the Shintani Wado Kai Karate Federation. Name Them.

|  |  |  |  |
| --- | --- | --- | --- |
| 1. |  | 6. |  |
| 2. |  | 7. |  |
| 3. |  | 8. |  |
| 4. |  | 9. |  |
| 5. |  |

**Part III: Philosophy**

|  |
| --- |
| 1. Describe what a kata is to someone who has no knowledge of the martial arts.
2. Explain the symbolism behind the dove and fist emblem.
3. Explain your interpretation of Sensei Shintani’s philosophy of karate.
4. Define the word “dojo” and describe what the expectations of students are in respect to that word.
5. What does it mean to be a sensei?
 |